



ALL INDIA OCCUPATIONAL THERAPISTS' ASSOCIATION

AIOTA'S COVID -19 Lockdown series: e-Learning Modules

AIOTA is launched following COVID-19 e-Learning long & short modules on medical, psycho-social issues being faced by the persons of all age groups including those with dysfunctions and disabilities during long staying in home due to nationwide lockdown in order to prevent spread of Corona chain. We are confident that training modules prepared by Academic Council of Occupational Therapy (ACOT) with esteemed cooperation from learned expert faculties will prove to be useful for professionals, masses and the caregivers and expected to be welcomed by all.

Long Modules: (30-35 Mts)

- **Module 1: 'Occupational Therapy Intervention in COVID-19' Training Module for Trainers**
Dr Neeraj Mishra (New Delhi), Dr Lakshmanan S (Bengaluru), Dr Jyothika Bijlani (Mumbai) Dr. Anil Srivastava (Lucknow)
- **Module 2: Psychosocial Management: Impact of COVID 19** -Dr.Raviraj Shetty (Mumbai)
- **Module 3: Tele-rehabilitation: Occupational Therapy Perspective during COVID 19-** Dr. Nishu Tyagi (Delhi) & Sheba Swarnarajam (Madurai)

Short Modules: In English & Hindi Languages (15-20 Mts)

- **Handling, Self-help and Safety Skills for Children with Special Needs (CWSN) during Lockdown-** Dr.Shriharsh Jahagirdar, Mumbai (English & Hindi)
- **Relaxation Techniques and Stress Management during Lockdown** – Dr Shalini Quadros, Manipal (English), Dr RK Sharma, Ghaziabad (Hindi)

- **Care for Elderly and Managing Physical Health during Isolation** - Dr. Sebestina Dsouza, Manipal (English), Dr Anupama Khanna, New Delhi (Hindi)
- **Ergonomics and Posture Management during Work from Home**- Dr. Amol Sangeker, Mumbai (English), Dr. Neeraj Mishra (Hindi)
- **Safe Occupational Therapy Practice Guidelines during COVID Pandemic** – Dr. Neeraj Mishra (New Delhi) & Dr R K Sharma, Ghaziabad (English)

Certification:

Each course would be followed by 5 MCQ'S to test the understanding. Anyone who scores above 80 % will automatically get an **“ACHIEVEMENT CERTIFICATE”**

Coordinating Committee:

- **Dr. Anil Srivastava**, President AIOTA & Executive Chairman ACOT, Lucknow
- **Dr. Jyothika Bijlani**, Dean ACOT, Mumbai
- **Dr. Lakshmanan S**, Executive Editor, IJOT, Bengaluru
- **Dr. Neeraj Mishra**, Former EC member of AIOTA, New Delhi