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## "MULTIESTIMULACIÓN INTERDISCIPLINARIA: APORTES DE LA TERAPIA OCUPACIONAL"

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### INTRODUCTION

In an aged world, to give response to problematic who can produce fails of the balance between the suppliers and the receptors of support, it is a world challenge and we have to face it.

Occupational therapy can make an important contributions so much in the prevention of cognitive disorders, as in the treatment of patologías so devastating as the demencias.

### AIMS

- To transmit a modality of interdisciplinary boarding: multistimulation
- To describe, inside the interdisciplinary functioning, the particular place of occupational therapy and its interventions in different instances of the institutional tour of the patient: evaluations, family interviews, Preventive Programs, welfare Programs.

### DESCRIPTION

One will present the experience of the area of occupational Therapy in a team of interdisciplinary work, which carries out a preventive - therapeutic task with aged person who present problematic centred on the cognitive thing, from an integral look including relatives and keepers

### RESULTS

The presence of occupational Therapy in the interdisciplinary teams turns out to be indispensable at the moment of evaluating, analyzing, elaborating and to execute programs of attention. His differential contribution is given by the analysis of: patient / environment / activity, which offers pertinent information to the team on the preserved and alternative capacities of activities execution. This allows working at the achievement of a balance between the stimulation of existing skills and the necessary help; between the feelings hopelessness for the loss of capacities, and the possibility of supporting the autonomy.

### CONCLUSIONS

The Occupational Therapy interventions allow to stimulate the cognitive, functional and social skills, to promote the autonomy in the daily activities, strengthening the connection with the environment, minimizing stressful situations and improving the levels of satisfaction. Essentially, to offer spaces where every subject, by significant activities finds meaning to different tasks.