

## **La Ciudadanía como Rol Ocupacional: Teoría y Evaluación**

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### **Introduction**

This exploratory-descriptive study investigates the citizenship concept from an occupational viewpoint and it establishes an assessment proposal regarding the citizenship role which constitutes a useful way to develop citizenship-based Occupational Therapy interventions.

### **Objectives**

- Defining the citizen role from an occupational perspective.
- Establishing the dimensions and activities related to citizen role.
- Establishing a generic profile of activities involved in citizen role.
- Creating a citizen participation profile assessment method.

### **Methods**

This work correspond to a documentary research, in which it was made the consultation, reviewing, analysis and discussion of documents regarding citizenship and occupation topics, both theoretical and empirical publications. It enables the construction of a conceptual frame to analyze citizenship concept, in addition to an assessment instrument to evaluate citizen exercise from an occupational perspective.

### **Results**

Based on the bibliographical data, it was possible to determine the link between citizenship and the occupation concept as well as it was defined citizen role from an occupational perspective. Later, it was proved that the citizen role can be analyzed from a multi-dimensional view, which was built according to three fundamental axes: Information, Participation and Interest in Others. Then, an assessment instrument based on this description of the citizen role was generated to explore participation and significance levels regarding activities included in the citizen role, in order to visualize the way in which people exercise its citizenship and the meaning given.

### **Conclusions**

Occupations involved in citizen role shape some dimensions that serve to describe participation level of the subjects. Furthermore, the citizen role description responds to participation profiles which are set by the occupational choices that people make.

### **Contribution to the practice/evidence base of Occupational Therapy**

There were generated conceptual foundations in order to understand citizen exercise as a role, besides a conceptual framework to analyze citizen role, which can be used for research purposes and developing citizenship-centered interventions in the field of Occupational Science and Occupational Therapy.