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How does MOHO based assessment influence therapist's understanding of Occupational performance of Young Stroke patients?

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Place of Study: Pt. DeenDayal Upadhyaya Institute for the Physically Handicapped (PDUIPH), University of Delhi, Ministry of Social Justice & Empowerment, Govt. of India, New Delhi, India.

Introduction: MOHO is based on the premise that occupational performance is a central force in health, well being development & change. MOHO seeks to explain how occupation is motivated, patterned, and performed. By offering explanations of such diverse phenomena, MOHO offers a broad and integrative view of human occupation.

Objective: To find out whether MOHO based assessment broaden therapist understanding of Occupational performance of young stroke patient.

Assumption: Occupational performance depends on various factors other than performance components, MOHO based assessments elicit various occupational behavior problems and specific personalized activity.

Method:

Research Design: Series of case studies; Qualitative study

Procedure: Four patients of young stroke were assessed twice by conventional method and by using MOHO assessment tool. Treatment goals for both methods were developed and compared.

Outcome Measures: Assessment of Occupational Functioning, Role check list, Interest checklist

Results: In all four patients treatment goals were different for the two assessments. MOHO based assessment focused more on Occupational performances. Further various themes related to interest, values, personal causation, roles & habit emerged.

Conclusion: Usual method of assessments comprises of various performance components while MOHO based assessments for young stroke clients give directions to act exclusively on / through personalized occupations in consideration of integral components of Human Occupation.

Contribution to the practice of Occupational Therapy: MOHO based frame work for management of young stroke clients.

MOHO - Model of Human Occupation

AOF - Assessment of Functioning