5th Malaysian Conference on Healthy Ageing
'Embracing Healthy Living & Preventive Medicine'

Aim of Conference

To enable participants to update and share knowledge on healthy lifestyle and preventive medicine.

Conference Highlights

Interesting up-to-date lectures, invited distinguished local and foreign speakers, posters presentation and strategic venue in the heart of the city of Kuala Lumpur.

Programme

Keynote Address - H.E Tun Dr Mahathir bin Mohamad
"Staying Physically Active and Mentally Sharp Through the Golden Years- My Secret Recipe"

Plenary Session
The Science of Ageing
Brief Risk Identification for Geriatric Health Tool (BRIGHT)
Irritable Bowel Syndrome – Diagnostic and Management Tips
Collagen – What has it got to do with your ageing?

Lecture Topics
New Advances in Regenerative Medicine: Myocardium
Hormone Replacement for Women
Smoking Cessation
New Advances in Preventive Cardiology
Sexually Transmitted Diseases
Anxiety Disorder
Anger & Stress Management
Genetic Screening: To Screen or not to Screen
The Fatty Liver
How to Remain Mentally Sharp and Preserve Memory
How to Maintain Healthy Skin
Botox and fillers - what health professionals need to know.
Holistic Approach in Obesity Management
Role of Allied Health Professionals in Preventive Medicine & Health Promotion
Menopause: Issues & Perspectives
Cancer Screening for Women
Travel Medicine
Risk Factors in Cardiovascular Diseases
How to Achieve Sexual Fulfillment for Men & Women
Updates in Depression
Ethics & Implications of Genetic Screening
GIT Cancers: Role of Screening
Updates in Stroke Prevention
Dementia and Alzheimer's Disease. Is it the end of the road?
Ageing and hair loss - what can we do about it?
New Concepts in Obesity
Obesity: Pharmacological & Surgical Treatment
What is a lifetime worth? How to age with strength and dignity

Debate – Andropause and Hormone Replacement Therapy For Men. Fact or Fiction?

Pre-Conference Workshops –

Morning Session
1. Coping Strategies of Ageing
2. Managing Pain
3. Issues in Sexual Health

Afternoon Session
4. Nutrition in Healthy Ageing
5. Nursing – Geriatric Emergency Management

Faculty Speakers

International Faculty Speakers

Ms. Carolyn Webster – *Australia*
Mr. Laurie Farrow – *Australia*
Dr. Michal Boyd – *New Zealand*
Dr. Lim Poh Lian – *Singapore*

Local Faculty Speakers

Prof. Dato Dr. Anuar Zaini Md Zain
Prof. Dr. Rokiah Ismail
Assoc. Prof. Dr. Chin Sze Piaw
Dato Dr. Khoo Kah Lin
Dr. Keng Wee Teik
Dr. Loke Seng Cheong
Dr. Premitha Damodaran
Dr. Vikneswaran Viswalingam
Prof. Dr. Azhar Md Zain
Prof. Dr. Stephen Jambunathan
Assoc. Prof. Dr. Khatijah Lim Abdullah
Datuk Dr. M. Rajen
Dr. Lee Fatt Soon
Dr. Masni Mohammad
Dr. Rajbans Singh
Dr. Yau Weng Keong
Prof. Dr. Lekhraj Rampal
Prof. Dr. Thong Meow Keong
Assoc. Prof. Dr. Loong Yik Yee
Dr. Ganesalingam Kanagasabai
Dr. Lim Chai Leng
Dr. N. Jeyaraj
Dr. Renu Gopinath
Dr. Zanariah Hussain
Prof. Dr. Philip Poi
Prof. Hj. Hamidon Basri
Assoc. Prof. Dr. M. Haniki
Dr. Ismail Drahman
Dr. Lim Kie Nyok
Dr. Ngu Lock Hock
Dr. Steven Chow Kim Weng
Ms. Narimah Daud

REGISTRATION FORM

26th - 29th May 2010 • Conference & Pre-Conference Workshops

Use one form for each registrant. Please type or print clearly.

Name (Last, First, Middle Initial)

Title Organisation

Country Direct Telephone/Mobile

E-mail (required)

CONFERENCE & PRE-CONFERENCE WORKSHOPS REGISTRATION FEES

NOTE: *Conference registration fee does not include pre-conference workshops or accommodation*

	MHAS Member	Non Member
☐ Conference Only - before 1st May 2010	RM650	RM750/USD300*
☐ Conference Only - after 1st May 2010	RM750	RM850/USD350*
☐ Medical Students/Nursing Students	RM400	
Each Pre-Conference Workshop	RM150	RM200/USD100*
☐ Morning *(choose only one)* ☐ 1 ☐ 2 ☐ 3	RM150	RM200/USD100*
☐ Afternoon *(choose only one)* ☐ 4 ☐ 5	RM150	RM200/USD100*
Total Payment	RM/USD*	

PRE-CONFERENCE WORKSHOPS

You can attended both the morning and afternoon sessions of the workshops, but you can only choose ONE from each session.

INTERNATIONAL DELEGATES

We welcome International Delegates at Non Member rates in US Dollars*.

PAYMENT INFORMATION

Please make all cheques payable to "**Malaysian Healthy Ageing Society**"

If you are making payment via telegraphic transfer or direct bank–in please remit as follows:

Name of Bank: **RHB Berhad** Account Number: **26416000002456**
Name of Account: **Malaysian Healthy Ageing Society** Swift Code: **RHBBMYKL**

Do not send cash in the post. Photocopies of the registration form are allowed.

MODE OF PAYMENT

☐ Cheque enclosed ☐ Direct Bank-in ☐ Telegraphic Transfer
☐ Local Order (Government agencies only)

Bank: Cheque No: Amount: RM

For Direct Bank-in, please fax or email bank-in slip

SECRETARIAT

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