

CDOT Newsletter # 12
Committee for the Development of Occupational Therapy
in Egypt
December 07

December 9th, 2007

Dear Friends of Occupational Therapy in Egypt,

The year is almost over and I like to inform you again about the current activities re the development of occupational therapy in Egypt. Thanks a lot to all the people supporting our cause and the contributors of this newsletter issue.

We can look back to an enormous amount of activities in relation to our project in 2007. I hope that 2008 will be just as successful as this year has been.

All the best for the coming year to all of you around the world!

Greetings from Zurich

Christiane Mentrup
Co-Leader WFOT Egypt Project

Ain Shams University

Professor Ahmed El Kahky reports that Ain Shams University is still working on organizing the details of the occupational therapy curriculum. They did have a lot of responses to the job advertisement on the WFOT website and the OT blog when searching for the head of programme. The original plans to start the OT programme next February are not realistic anymore and it is expected to start in September 2008.

ADVANCE's news is great.

From Maha Helali, the Administrative Director of the Learning Resource Center and ADVANCE we hear: "As far as OT, we have recruited an OT from Palestine, Mr. Majdi Bzoor, as of August 2007 to provide OT services to the children at ADVANCE.

Majdi provides on-going training to our teachers and specialists on OT topics especially sensory issues and fine motor skills development, in order to implement them throughout the day program. He supervises the OT sessions

conducted by three Egyptian OT implementers, two who had their training at Ain-Shams University last year, and one who is a special needs teacher with a Master of Arts in cerebral palsy treatment (CP) from Poland. She is responsible for the feeding, seating, self-help, and positioning for the CP students.

As-Salam Hospital's German Rehab Center are still providing us with clinical assistance in supervising our OT Implementers through their offering us nine consultation hours of their German OT specialist.

In November we had Maren Hentschel, a new German OT graduate and former student of Christiane Mentrup working with us in our OT department for three weeks.

We started plans for a forthcoming Educational Conference in March 2008. The theme Management and Settings; (V) Academics; (VI) ICT in Education; and (VII) Learning for Life. We are in the process of also soliciting sponsorship for the conference so that we can invite international lecturers.

As for awareness about Autism and related Disorders, we have published magazine articles in the "Mother & Child Magazine", "Cairo Today Magazine", "Al-Haya Magazine", and participated in some TV programs. We are organizing a Media Campaign for awareness with friends of ADVANCE with the aim of preparing for the "Autism Awareness Month" Activities.

In November, ADVANCE participated in the First Regional IT Forum on IT & Disability organized by the Ministry of Communication, and presented a paper on "IT & Communication Disorders." We helped the Ministry to allocate active NGOs in the field of disability to participate in order to represent different disabilities. Will be "Building Bridges." The conference will run in 7 parallel streams (I) Behavior Modification/ Parenting Skills; (II) Speech & Language Development; (III) Neuro-motor Development; (IV) Classroom



Outing of ADVANCE staff and children to the pyramids

I am glad to tell you that the ADVANCE new premises are under way. We luckily acquired the new premises' license and held a tender to choose a contractor to start the works. We chose a contractor and finalized the excavation process and started with the infrastructure.



ADVANCE new buildings in its early development stage

ADVANCE is now starting to reach outside Cairo and we are helping an NGO in the Mansoura City, Delta area, to set up a NGO following the ADVANCE model. We took a trip to Mansoura and sent senior staff on two trips to identify the needs. Training starts Dec 13th in Mansoura.

We have also received a grant from Vodafone Egypt for LE250,000 (US\$ 46 000) over three years to set up a training center. We have already appointed a director, an office manager and are now setting up the curriculum, courses, soliciting lecturers, accumulating mailing lists for potential participants, and finding an appropriate place to set up.

Maha Helali

Learning Resource Center

Laura Efinger reports that after working at the LRC for 2,5 years, the American occupational therapist Sena will be leaving this month and returning to the US. She has been a wonderful colleague and will be missed in the OT department.

Laura writes: "With departures also come arrivals, as we have two OT's new to our staff. Farah Sabra has joined us from Lebanon and Annelene Kok has joined us from South Africa.



Sena (back row right) with her colleagues at the LRC

Farah will be working with us full time for the next two years. Annelene will be doing some part time work with us and assisting in assessments. However, we are still looking for another full time position to be filled. We also have an Egyptian OT Implementer, Engy Salem, on staff who is participating in further training after she completed the OT Implementer course last year at Ain Shams University.”

OT Blog

The OT in Egypt Blog, www.otegypt.blogspot.com, continues to receive wonderful feedback. The number of subscribers has grown and we have had over 2,000 clicks to the blog!

Laura Efinger suggests: “If anyone wants to post any information, please send it to me and I will post it. I would like to hear more from Egyptian organizations who are interested in employing foreign OT's and developing OT treatment programs. I have received inquiries from international OT's who work in adult rehabilitation and mental health, but unfortunately I do not have an Egyptian facility to refer them to.”

Laura Efinger

Abbassiya Hospital

Professor Moneim Ashour reported that ward 18, the psychiatric setting for elderly ladies, was formally inaugurated earlier this year. Its success story lead to similar work by volunteer groups on a ward for mentally handicapped children.

Professor Ashour is now planning a new psycho-geriatric programme in Abbassiya Hospital. He notes that it is the first time that these kinds of clients are receiving serious attention in psychiatric settings in Egypt.

He appreciates the work which has been done by visiting OTs from practice as well as academia who generously volunteered their knowledge and experience. Thanks a lot to everybody involved.

International Disability Day

To celebrate International Disability Day, the British Council in conjunction with the Right to Live Association, The National Council for Childhood and Motherhood and the El Sawy Cultural Wheel presented “A Celebration of Different Abilities” - three days of displays, discussion and theatre to raise awareness of people with disabilities.

Egyptians with disabilities who work in the sector presented and discussed issues relating to access, employment and the media.

Special guests included Mr Simon Minty and Dr Peter Coleridge, both international presenters, advocates and authors. A number of the 8 OTs here in Egypt were able to attend the events and our various employers were present at the display on 30 November.

The organising committee deserve our congratulations and we hope that this event will be ongoing in the years to come.

Sue Hartshorne

Al Agouza Center

Occupational Therapy services continue to develop at El Agouza Rheumatology and Rehabilitation Centre. We have recently started a multidisciplinary feeding clinic and seating clinic in addition to our successful splinting clinic, and the new therapy play gym has been an energetic way to introduce play as therapy to mothers and children with special needs.



Sue Hartshorne working with children with special needs in the play gym

Allied Staff Movement

One of our allied colleagues leaves on Monday to go home to Japan after over 3 years - Takako Miya, an art teacher who works with people with special needs in the community and at Agouza Hospital has been a friend to OT and we will miss her enormously. Her enthusiasm and compassion and her ability communicate in Egyptian Arabic, English and Japanese make her a real treasure. We hope she can return to Egypt early next year.

Sue Hartshorne

Contact Addresses (in alphabetical order)

Name	Function	Email Address / Telefon Number	Address
Mrs. Karen Adams	OT with working experience in the UK and Australia, moving to Cairo in summer 2006	E: karen_evans@hotmail.com	
Ms. Majida Albalushi	OT student at Teesside University in Middlesbrough, UK	E : sarab020@hotmail.com T : 0096 - 8 – 9949 9119	P.O.Box 2060 Code 112 Ruwi Oman
Prof. Dr. Ali Ahmed ElAbd	Prof. of Cardiology, Vice-President for Postgraduate Studies and Research	T(w): 0020 – 2 – 684 7821 M: 0020 - 12 – 340 3790 F(w): 0020 – 2 – 684 7822 E: elabd@asunet.shams.edu.eg	Cairo / Egypt
Prof. Haider A. Ghaleb	Prof. of Clinical Pharmacology - Cairo University, Vice President Supreme Counsel of Egyptian Universities Medical Sector	T(h): 0020 – 2 – 358 0753 F(h): 0020 – 2 – 358 4438 M: 0020 - 12 – 1000 680 E: hghaleb@link.net	Clinic P.O. Box Maadi – Cairo / Egypt
Prof. Dr. Moneim Ashour	Professor at Ain Shams University, Head of the Department of Psychogeriatric Research	Salah Salem Street N. 12 Obour Building 3rd Floor Apt. 33 T(h): 0020 – 2 – 262 5839 F(w): 0020 – 2 302 3270 M: 0020 – 12 – 327 8633 E: amashour2002@yahoo.com	Cairo / Egypt
H.E. Dr. Mohammed Awad Afifi Tag-El-Din	Former Egyptian Minister of Health and Population	T(w): 0020 – 2 – 794 1507 (direct) T(w): 0020 – 2 – 795 7689 F: 0020 – 2 – 795 3966	Ministry of Health and Population 3 Magles El Shaab Street, Cairo 11467 / Egypt
Dr. Sarwat Badr	Doctor and Consultant for Rehabilitation Med., Undersecretary of the Ministry of Health and Population	M : 0020 – 10 – 143 4517 E : curative@mohp.gov.eg	Cairo / Egypt
Ms. Susannah Barnes	Pediatric Occupational Therapist with working experience in Egypt	E: susannahbarnes@hotmail.com	
Dr. Mohamed Bassiouny	General Medical Director, Dar El-Mona for Care and Rehabilitation Centre	T(h): 0020 – 2 - 623 1700 T(w): 0020 – 2 – 799 0702 M: 0020 – 12 – 3288 848 F: 0020 – 2 – 799 0701 E: darlmona@soficom.com.eg	The Kilo 20 th Cairo/Alexandria Desert Road Giza / Egypt
Dr. Aziz Belal	Dean of Alexandria Medical School	T(w): 0020 – 3 – 541 0195 E: alexear2@menanet.net	Alexandria / Egypt
Ms. Benigna Brand	Dutch trained German Occupational Therapist (leaving Cairo in early 2005)	T(h): 0020 – 10 – 297 9636 M: 0020 – 10 – 297 9636	Cairo / Egypt
Mrs. Madeleine Corstens-Mignot	WFOT Delegate of The Netherlands Co-leader WFOT Egypt Project	T: 31 24 361 4892 F: 31 24 361 6850 E: corstens.mignot@chello.nl	Arnhem / The Netherlands
Ms. Céline De Wever	Occupational Therapist	T: 0020 - 2 - 794 13 49 or 0020 - 2 - 794 13 49	10, sharia, Gamal el din abou el Mohassen

		E: celinedeweever@yahoo.fr	Garden City Cairo / Egypt
Ms. Gloria Dueck	Canadian Occupational Therapist	E: gd@dueck.ca	Cairo / Egypt
Mrs. Laura Efinger	Head of Occupational Departement	T(w): 0020 – 2 – 516 3965 or 3967 E: lefinger@LRCEgypt.org	9, Road 278, New Maadi, Maadi, Cairo, Egypt
Dr. Ghada El-Dorry	Pediatrician, Head of Centre of Special Needs under Institute of Childhood and Motherhood	E : ghadaeldorry@hotmail.com M: 0020 – 12 – 310 9104	Institute of Postgraduate Childhood Studies Ain Shams University 25 Omar Bakeer St. Saint Fatima, Heliopolis Cairo / Egypt
Dr. Ahmed El-Kahky	Assistent Professor of Physical Therapy	E: aelkahky@hotmail.com T(w): 0020 – 2 – 418 7566 M: 0020 – 10 – 167 8061	Institute of Postgraduate Childhood Studies Ain Shams University 25 Omar Bakeer St. Saint Fatima, Heliopolis Cairo / Egypt
Ms. Mona El Samra	Dar El-Mona for Care and Rehabilitation Centre	T: (w) 0020 – 2 – 799 0702 F: 0020 – 2 – 799 0701 E: darlmona@soficom.com.eg	The Kilo 20 th Cairo/Alexandria Desert Road Giza / Egypt
Prof. Dr. Mahmoud El Tayeb Nasser	Senior Advisor to the Minister of Health and Population, General Director of the National Health Institute, Medical Head of 5 hospitals within Ain Shams University	T: 0020 – 2 – 405 3652 0020 – 2 – 405 3654 F: 0020 – 02 – 405 3651 E: eltayeb_mn@nti.org.eg Website: www.mti.org.eg	Mamdouh Salem St., Nasr City, Cairo / Egypt
Dr. Mohamed Ghanem	General Secretary of Mental Health of Egypt, Medical Director of Abbassiya Mental Health Centre	E: Ghanemmohamed2002@yahoo.com M : 0020 – 10 - 669 5855 F: 0020 – 2 – 683 6379	Cairo / Egypt
Prof. Mervat El Gueneidy	Professor of Psychiatric Nursing	E : mervelg@yahoo.com M : 0020 – 12 – 216 0663	Cairo / Egypt
Mrs. Cindy Hahn	Associate Professor and AMOT Program Director	E: chahn@atsu.edu	A. T. Still University Mesa, AZ USA
Mrs. Susan Hartshorne	Occupational Therapist currently working in Cairo and WFOT Ambassador to the Egypt Project	T: 0020 – 12 – 269 7212 E: sue.hartshorne@gmail.com	Permanent position: School of Health Sciences University of South Australia
Prof. Saleh Hashem	President of Ain Shams University, Regional Chair of International Association of University Presidents for the Middle East and North Africa	T: (w) 0020 2 – 684 7818 M : 0020 – 10 – 141 4210 E : shashem@asunet.shams.edu.eg	Cairo / Egypt
Dr. Ahmed Heshmat	Chief Technical Adviser, Team Leader Finnconsult	E: Heshmat1@egymen.com	Cairo / Egypt
Ms. Maha	Administrative Director	T(w): 0020 – 2 - 5193723 or 5193721	34 Al-Nadi Al-Gadeed,

Helali	of Learning Resource Centre in Maadi, Cairo Chairperson of The Egyptian Society for Developing Skills of Special Need Children	T(p): 0020 – 2 – 5164024 M : 0020 - 12 - 3100936 E : mahahelali@yahoo.co.uk	New Maadi, Cairo / Egypt
Prof. Ahmed H. Hassan	President of The General Physical Therapy Syndicate of Egypt	T(w): 0020 – 20 – 2592 0366 T(h): 0020 – 20 – 405 5200 M: 0020 – 10 – 540 0037 E: ahmhasan@hotmail.com Website: www.gpts.org.eg	27 Zohny St. El-Zaher Cairo / Egypt
Dr. Magdy Khairi El Samra	Dar El-Mona for Care and Rehabilitation Centre	T(w): 0020 – 2 – 799 0702 F: 0020 – 2 – 799 0701 E: darlmona@soficom.com.eg	The Kilo 20 th Cairo/Alexandria Desert Road Giza / Egypt
Prof. Dr. Ashraf Mansour	German University in Cairo	T(w): +202 7589990-8 F: +202 7582125 E: board.president@guc.edu.eg	Main Entrance of Al-Tagamoia Al-Khames New Cairo City Cairo / Egypt
Prof. Dr. Nagwa M. Badr	Vice Dean for Graduate Studies and Research, Faculty of Physical Therapy at Cairo University	T: 0020 – 2 – 761 7693 T(h): 0020 – 2 – 291 2270 E: nagwambadr@yahoo.com	Cairo / Egypt
Ms. Christiane Mentrup	Co-Leader WFOT Egypt Project	T(w): 0041 52 260 63 05 E: chmentrup@aol.com	Binzmühlestrasse 78A 8050 Zürich Schweiz
Mrs. Maggie Mitchell	Internationally trained Occupational Therapist living in Cairo	E: maggie@menanet.net	
Mrs. Beth Noujaim	Professional Services Director of the Learning Resource Centre in Maadi, Cairo	T(w): 0020 – 2 – 516 3965 or 3967 E: bwnoujaim@hotmail.com	9, Road 278, New Maadi Maadi, Cairo, Egypt
Dr. René Padilla	Interim Associate Dean of Academic Affairs School of Pharmacy and Health Professions Creighton University	T: (402) 280 5957 F: (402) 280 1148 E: rpadilla@creighton.edu	2500 California Plaza Omaha, NE 68178 Criss III Building, Room G74C
Ms. Angelika Roschka	German OT who used to work in Egypt	E: like_an_angel@roschka.de T: 0049 163 7313388	Ploßstrasse 14 D - 04347 Leipzig Germany
Dr. Gamal Samy Aly	Professor of Pediatrics, President of the Egyptian Society for Neonatal Care	E: gamal@internetegypt.com T(w): 0020 – 2 – 291 3425 M: 0020 – 12 – 210 5509	Institute of Postgraduate Childhood Studies Ain Shams University 25 Omar Bakeer St. Saint Fatima, Heliopolis Cairo / Egypt
Mrs. Orna Sarfaty	WFOT Delegate Israel Group leader Arabic speaking OTs in Israel	T: 00972 – 2 – 568 1267 F: 00972 – 2 – 672 5739 E: orna.sarfaty@moh.health.gov.il	Refaly St. 1 Jerusalem 94559 / Israel
Dr. Osama Sayed	Operations Director Senior Advisor to the Minister of Health and Population, General Director of the National Health Institute	T: 0020 – 2 – 405 3654 F: 0020 – 2 405 3651 E: osama@nti.org.eg Website: www.mti.org.eg	Cairo / Egypt
Prof. Amira	Professor of Mental	T: 0020 – 3 – 583 7404	Faculty of medicine Alex-

Self Eldin	Health, Comunity Mental Health Department, President of Child Mental Health Association	E: amira@contact.com.eg M: 0020 – 12 – 215 8936	andria University Alexandria / Cairo
Dr. Tarek S. Shafshak, MD	Professor of Physical & Rehabilitation Medicine, Alexandria University	T(w): 0020 - 3 – 583908 T(h): 0020 – 3 – 428 9685 M: 0020 – 12 – 348 4464 E: tshafshak@yahoo.com	P.O. Box 41 Sidi Gaber Alexandria 21311 / Egypt
Dr. Kamal Shokry	Dean for Graduate Studies and Research, Faculty of Physical Therapy at Cairo University	T(w): 0020 – 2 – 748 5811 M: 0020 – 10 – 167 9061	Cairo / Egypt
Dr. Michael von Gagern	German University in Cairo	E: michael.gagern@guc.edu.eg	Main Entrance of Al-Tagamoa Al-Khames New Cairo City Cairo / Egypt

T telephon

F fax

M mobile

(w) work (h) home